

International Federation of Sumo Athletes Regulations

1. Responsibility

It is their responsibility to face sumo with healthy amateur sportsmanship for the members of International Federation of Sumo (IFS), including the players, board members, and all the others who are committed to promoting and/or coaching sumo.

2. Respect and Adherence to Spirit of Martial Arts

In view of the fact that sumo is a type of martial art, sumo athletes must respect each other and, while doing their utmost, refrain from using techniques that would intentionally injure or harm their opponents. In addition, they must not use language or conduct in or around the *dohyo* that is contrary to the spirit of sumo as a martial art.

3. Restitution to Amateur Players

1. Those who retired from professional grand sumo players of Japan Sumo Association can reconstitute themselves to members of IFO, after the certain periods stated below, with the confirmation from IFO board members. However, those who once used be in the highest division, in “Makuuchi division”, cannot participate to any competitions held by IFS as players.

Required duration before restitution depends on their highest ranks as follows:

- a. In or below the second division, “Jonidan”; 1 month
- b. Either in the third division, “Sandanme” or in the one above, “Makushita”; 3 months
- c. In or above the second highest division, “Juryo”; 6 months

2. Notwithstanding the provisions of the preceding paragraph, those who were professional grand sumo wrestlers (Japan Sumo Association) and dismissed from the Japan Sumo Association may not become sumo athletes, etc.

Supplementary Provision

Enforcement of this regulation starts from 11th October, 2019.

Revised Supplementary Provision

Enforcement of this regulation starts from September 6, 2024.